



Wilmington Ballet Academy of the Dance  
Schedule 2011 - 2012 (As of July 30, 2011)


Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
Studio A	Studio B	Studio A	Studio B	Studio A	Studio B	Studio A	Studio B	Studio A	Studio B	Studio A	Studio B
4:00-5:00 Ballet B2	4:15 - 5:00 pre-Ballet	4:00 - 5:00 Ballet C1	Class Cancelled	4:00 - 5:30 Jazz C-D	4:15 - 5:00 Ballet A	4:00 - 5:00 Ballet B2	4:15 - 5:00 Ballet A	4:00 - 5:30 Mens' D	4:00 - 5:30 Ladies' D		9:00 - 9:45 Ballet A
5:00 - 6:30 Ballet D		5:00 - 6:30 Ballet C2	5:00 - 6:00 Ballet B1	5:30 - 6:30 pre-Pointe C1*		5:00 - 6:30 Ballet C2		5:30 - 6:30 Partner D	5:30 - 6:30 Ballet C1	9:30 - 11:00 Ballet C1/C2	10:00 - 11:00 Ballet B1
6:30 - 7:30 Pointe D		6:30 - 7:30 Beginning Pointe C2**		6:30 - 7:30 Ballet D	6:30 - 8:00 Rehearsal	6:30 - 7:30 Beginning Pointe C2**		6:30 - 8:00 Rehearsal		11:00 - 12:30 Ballet D	11:00 - 12:00 Jazz B
		7:30 - 8:30 Adult Ballet		7:30 - 8:30 Pointe D						12:30 - 6:00 Rehearsal	

 Level A pre-Ballet (3-4 years) Level A1 (4-5 years)

Is an introduction to ballet, designed to teach basic dance steps and proper terminology while developing the student's motor skills, musical awareness and appreciation for dance using classical and contemporary music. Students in pre-ballet must be toilet-trained.

 Level B B1 (6 - 8 years old) B2 (8 - 10 years old)


Is an introduction to beginner ballet technique. Previous formal training acceptable but not required. This class is designed to establish the student's proper body alignment, vocabulary and discipline. Beginner Jazz class is open to B1 and B2. **Recommended 1 - 2 B level classes per week, including jazz.**

 Level C C1 (9-12 years old) C2 (11 - 14 years old)

Designed to increase the student's vocabulary, proper execution of steps, body placement, flexibility and center exercises. Pre-pointe introduces exercises at the barre to prepare for pointe technique. **\*An enrollment of 2 weekly ballet classes is required to join pre-pointe.** Beginning pointe is for those who have mastered pre-pointe conditioning. **\*\*Minimum three ballet classes per week required to attend pointe classes.**

 Level D 13 years and up

Designed to strengthen ballet technique, musicality, pointe work and learn different classical ballet solo variations. Recommended 4 or more ballet classes per week. **Minimum 3 ballet classes per week to attend pointe class.**

 Adult Open classes. Previous training not required.

 Rehearsals